

Facials & Peels

Medical Microdermabrasion	125
with Light Therapy Facial	150

Microdermabrasion is a safe and relatively painless skin restoration procedure which uses a controlled vacuum and fine aluminum oxide crystals to gently clear away dead and sun damaged skin cells revealing softer, smoother, and more radiant looking skin. Microdermabrasion is the safest alternative to laser resurfacing and aggressive chemical peels with absolutely no downtime.

Benefits

Microdermabrasion has been medically proven effective for all skin types and treatments of many skin conditions such as:

- Scarring, including acne scars
- Acne, blackheads
- Fine lines and wrinkles
- Uneven skin tones and pigmentation problems (brown spots)
- Sun damaged skin
- Dull, lifeless skin

What to expect

On average, the client will spend forty five minutes in treatment. Generally speaking, microdermabrasion is not painful and requires no anesthesia. Comfort is a priority. During the procedure the level of abrasion and pressure can be adjusted as needed to maintain comfort. Your skin may feel have a "wind-burned" sensation and appear a little pink for the first day. Although there are immediate benefits after one microdermabrasion treatment, for optimum results series of six to twelve treatments is most often recommended. After a complete skin care evaluation, your treatment plan will be tailored to your specific skin care needs.

**You should not have a microdermabrasion treatment on the affected area if you have the following:

Undiagnosed lesions

Active Rosacea

Recently had laser surgery

Rejuvenating Light Therapy Facial

45

This natural non-invasive facial has many benefits. Starting with the first treatment, clients feel an improvement in skin. Light-emitting diodes (LED's) which feature specific wavelengths, target individual client concerns. Enjoy the benefits of light therapy, from blue lights that kill acne-causing bacteria, to red and amber lights that increase circulation, stimulate intrinsic collagen production, reduce redness and irritation, aid in the reduction of fine lines and wrinkles, as well as lightening hyperpigmentation.

As a gradual rejuvenation process, LED treatments must be done as a series of 6 to 12 treatments. But with no downtime or discomfort, they're a popular choice for clients who believe in taking a progressive but unaggressive approach to improving skin condition.

As a stand-alone treatment, there are no contraindications to using LED therapy and can be used for clients w/ active rosacea or weeping acne. As an adjunct to microdermabrasion, the client's results will be augmented and skin will recover faster.